



WINTER FITNESS SPECIALS

Offers available through 1/31/12

\$100: 10 SENIOR FITNESS SESSIONS
(MUST BE 60 YEARS OR OLDER, INCLUDES 30' OF SUPERVISED
STRENGTH TRAINING AND 30' OF INDEPENDENT AEROBIC
EXERCISE)

**\$40: ONE MONTH GYM MEMBERSHIP
AND ONE 1/2 PERSONAL TRAINING
SESSION**

**\$300: 10 – 1/2 HOUR PERSONAL
TRAINING SESSIONS**

\$400: 6 PRIVATE PILATES SESSIONS

GIFT CERTIFICATES AVAILABLE!!

**BODY IN BALANCE PERFORMANCE CENTER
611 OLD WILLETS PATH HAUPPAUGE 631-232-5350
12 TECHNOLOGY DRIVE EAST SETAUKET 631-444-5041**

